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# June · 2015

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Issue 4

**39th Year** 

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# HOME OWNERS ASSOCIATION INCORPORATED - Sept 29, 1983 HOA Board of Directors For The Year 2015

President Vice President Secretary Treasurer Norm Paul Leo Dudley Cheryl Meyer Jeanne Muncaster Directors at Large Dave Olsen

Patty Barker Ralph Huffman Sumner Israelson Don Harris



### **Chairmen For The Year 2014**

Anniversaries & Birthdays Bridge Bowling Dance Channel 96 **Euchre** Golf Good Times Koffee Klatch Librarian Monthly Media/ Official Bulletin Board Pancake Breakfast Parliamentarian Phone Book Pokeno Sunshine Welcome Committee: East Side West Side 

Ruth Hall June Salvato Judy Buck Jan Moore Elaine Eckert Bill & Carolin Gowland Bruce Bradstreet Barb Paul Toni Pesta Lily Porter Barbara Bradstreet Jeanne Muncaster Norm Paul & Helpers Frank Nowik Ruth Hall Elmira Surozenski Blanche Onley

Carol Streb





ROOF OVERS Prepare for Summer Rains! SAVE 10% SAVE 10% of Financing expires 6/16/15 of owner Has Been Serving Pinellas County Since 1980." NO Sub-Contractors "Ask Your Neighbors About Us." Lutt C 2387 MSC 547-8300 21







# JUNE BIRTHDAYS

- 11 Albert Flaherty
- 1 June Salvato
- 2 Denise Chittle
- 2 Annette Friel
- 3 Nancy Plocica
- 4 Monique Lambert
- 5 Brian Smee
- 5 Connie Smith
- 6 James Leone
- 7 Lorene Hagenhoff
- 8 Betty Flaherty
- 8 Wayne Lively
- 9 Vanessa George
- 9 Lorrie Harris10 Caroline Gregg10 Roger Golek11 William Bishop
- 12 Patty Tolley 15 Geno Jankowski
- 16 Carolin Gowland

# April Bridge

#### April 6

Elmira Surozenski
 Marilyn Owen
 Jean McCann

April 13 no bridge

#### April .20

Ken Phelps
 Elmira Surozenski
 Lily Porter

16 Carol Young 16 Melissa Dubose 17 JoAnne Mallozzi 17 Debra DiFabrittis 17 Robert Loveman 18 Evelyn Houdek **19 Doug Chronic** 20 Edgar (Skip) Wolff **21 Judy Williams** 23 Sharon Bailey 23 Rosalie Lownsbury 26 John Baumann 26 Richard Wilhite 26 Phyllis Powers 27 Curtis McComis 27 Tim Newton 29 Maurice Latta 30 Kathleen Dudley 30 Marilyn Pletz 30 Sandi Krikorian

#### April 27

1)Jean McCann 2)Elmira Surozenski 3)Lily Porter



We are still in need of bridge players. We would love to see you so please come by the Clubhouse this or any Monday at 1PM. If you have any questions please call June Salvato at 430-4233.

# JUNE ANNIVERSARIES

June 2, 1956	Bob & Toni Pesta	59yr
June 3, 1961	Rick & Carol Brinker	54yr
June 3, 1967	Harry & Christine Swank	48yr
June 5, 1982	Tim & Sandy Smith	33yr
June 5, 1954	Bob & Evelyn Wendel	61yr
June 6, 1959	Ed & Pat Marchant	56yr
June 6, 1980	Mitch & Jennie Whitcomb	35yr
June 7, 1958	Bob & Jacki Gattone	57yr
June 8, 1963	Joseph & Luanne Grazioso	52yr
June 8, 1968	Larry & Sue McCammon	47yr
June 9, 1962	Ed & Rose Farrow	53yr
June 10, 1953	George & Ann Postitch	62yr
June 13, 2004	Roy & Verla Krula	11yr
June 15, 2001	John & Genevieve Johnson	14yr
June 19, 1965	John & Charlotte Baumann	50yr
June 23, 2000	David & Shonie Latta	15yr
June 28, 2003	George & Patricia Barker	12yr
June 28, 1958	Jim & Nancy Pietrocarlo	57yr
June 29, 1967	John & Dell Leahy	48yr



### **April Progressive Euchre**

#### April 2

1) Susan Thomas(52)2) Carolin Gowland(51)3) Bill Gowland(50)

Highest # of lone hands: Susan Thomas (3)

#### April 9

- 1) Bill Gowland (63)
- 2) Carolin Gowland (44)
- 3) Gary Walker (43)

Highest # of lone hands: Susan Thomas (2)

Euchre is now over for the season, and a great time was had by all! See you in the fall!

#### April 16

1)	Carolin Gowland	(56)
2)	Bill Gowland	(46)
3)	Susan Thomas	(45)

Highest # of lone hands: Carolin Gowland (2)



6







# **Did You Know About These Great Monthly Media Services?**

**Summer Mailings -** If you are heading north for the summer but still want to receive a printed copy of your monthly newsletter, just call our office and sign up for Monthly Media's Summer Mailing Service. We will ship (USPS 1st Class) a printed copy of each month's newsletter to your northern address, for as long as you're away, the cost is \$4 per month. Dozens of residents are already taking advantage. Please see our brightly colored insert for more information.

**Get Your Picture on the Cover** - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are located the bottom of this page.

Emporium/Classified Listing - Do you have an event in your community such as a Bake



Sale or Flea Market? An item for sale like an old set of golf clubs that needs to go? Help needed or vendors wanted for an event? Maximize the people that see your listing and use the Emporium! Your listing will be printed & delivered to over 20,000 homes in Pinellas County. See the Emporium page toward the end of the newsletter for more info.

Larrer Print Newsletters - At the request of some residents we are now offering Larger Print Newsletters to those who request them. The newsletter type will be approximately 20% larger (16 pt article body type vs. 12 pt normally). There is a small service charge of \$2 per newsletter for those who request. The larger type newsletters can either be delivered to you every month like they are now or we can mail them directly to your home for an additional \$2 per issue shipping charge. Please call Monthly Media (phone number listed below) for more information.

# Monthly Media PO Box 1023 • Venice, FL 34284 info@monthly-media.com • 727-484-7488



STATES

Your Picture

H<sub>ere!</sub>



# **Street Re-sealing Project Informational Meeting**

The informational meeting regarding the Street Re-sealing project will be held on Wednesday, June 17th, 1:15pm in the clubhouse. The scheduled dates and maps of the areas will be handed out. Explanation about garbage, mail delivery, lawn cutting, and parking will be given.

#### ALL RESIDENTS ARE REQUESTED TO ATTEND THIS MEETING.

*Thank You, Co-Op Board of Directors* 

# **DANCE SCHEDULE FOR 2015-2016**

Dances will be 7:30-10:30PM on Fridays

- NOVEMBER 13, 2015 SOUNDWAVZ BAND
- DECEMBER 11, 2015 WINTER WONDERLAND ENCORE BAND
- JANUARY 29, 2016 BABY BOOMER BAND
- FEBRUARY 26, 2016 NEW HORIZON BAND
- MARCH 25, 2016 D.J. DENISE



DANCE TICKETS - \$7 PER PERSON PER DANCE SEASON TICKET - \$30 PER PERSON (INCLUDES ALL 5 DANCES

Information will be furnished prior to each dance.

### GREETINGS CARIBBEAN ISLES RESIDENTS!! SCOOP HERE!! SPEAKING OF SPORTS......

#### June 2015.....

fter a hectic previous reporting month, this month has been very quiet. All of our northern friends are now back in their cribs and enjoying (???) the northern weather. One item to report dealing with golf. 5 of our residents, John Johnson, Sumner Israelson,

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CARIBBEAN ISLES JUNE, 2015 S

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Ed Demps, Dart Williamson, and yours truly, Scoop, participated in the golf divisions of the Largo Good Life Games. 2 of them, John Johnson and Scoop participated in the individual par 72 event at Clearwater Country Club and while they did not medal, they finished 5th (Scoop) and 6th (J. J.). It was a completely different story in the 2-man scramble at the par 62 Largo Golf Course. Scoop & J. J. took the gold medal in the 64-69 division. Sumner & Dart took the silver medal and Ed Demps took the bronze in the 80-84 division. That's a total of 5 medals for our Caribbean Isles golfers. Bring on the Olympics!!!

#### This Just In:

Keegan Bradley and Miguel Angel Jimenez got into a heated argument during a round in the Match Play Championship last week. Who would have thought that the best fight over the weekend would be between combatants wearing gloves that said "Titleist" instead of "Ever-last"? – *Jim Barach* 

#### Sign of the Times:

The South Carolina legislature approved the purchase of a jet by Clemson University's athletic department for recruiting. Mama let your boys grow up to be athletes...

Remember to let me know of stories and/or accomplishments by residents, friends, and/or family and we'll publish them here. Call me at 727-581-1334 or email me at nilerivers@gmail. com. And remember, you don't have to play a sport good to be a good sport...

# **ANSWER TO LAST MONTH'S TRIVIA QUESTION:**

**QUESTION** – What team's crest is displayed on the pucks in an NHL game? **ANSWER** – The home team's logo is displayed on game pucks.

**THIS MONTH'S TRIVIA QUESTION** – What perspicacious baseball manager noted: "We've got to learn to stay out of triple plays"

# **OUT AND ABOUT IN THE PARK**

Thanks to Richard Boivin and his club house committee for our new and improved pool and deck. Outstanding job!! Thanks to the HOA for our new pool furniture. We have new tables, umbrellas and chairs. Looking great!! The white vinyl fence project is completed. Thanks to Bruce Bradstreet and Don Yelton. The new white aluminum fence along the dam on Walsingham is done. All I can say is WOW!! CLASSY! Thanks again Bruce and Don. The streets are being re-coated this summer. Caribbean Isles looks wonderful.



# Sunshine

B lanche Onley is our sunshine person for the park. If you know of someone who needs a thinking of you card, is in the hospital or rehab, please let her know. Please remember the family of former resident Willard Kemp who passed April 6. Bill and Ellie were long time residents. Please remember the family of Molly Jankowski. Molly passed in May. Blanche sent get well cards to Nancy Petrocarlo, Nancy Guilette, Bob Polancarz, Walter Noble, Karen Hargrave, Madalyn Wilkenwitz, Art Ashcroft, Lily Porter and Deborah Saylor. Sympathy cards were sent to Tony Hagenhoff, Kay Connely, and Carol Shelling.

# **Good Times**

#### SUB AND KARAOKE dinner on June 12th, 5/5:30 PM.

Ub, many different salads, watermelon and Karaoke all for \$10. Reservation/tickets - June Salvato 727-430-4233. Come eat and sing or listen. Either way, IT WILL BE A LOT OF FUN. We NEED VOLUNTEERS for set up (setting tables at 4PM) and clean up (trash pick up, cleaning off tables and cleaning up kitchen). Good Times ladies and anyone able - WE NEED VOLUNTEERS.

You all enjoy the many activities that Good Times and others put on here, but we need some help doing it. Setting up - food prep, setting tables, putting out the food. Clean up - picking up trash toward the end of dinner, cleaning items off tables, cleaning up food, washing dishes, helping leave kitchen clean and everything in it's place. If you can help, please call or email Barb Paul - 674-0137/ bpaul65@tampabay.rr.com or June Salvato - 430-4233/elorajune@gmail.com Thank you.

<u>Save the date:</u> August dinner - Taco Fiesta and Newlywed Game - Friday, 9/14, 5/5:30 PM Need donations for baskets for Craft Show and Granny's Attic on 11/21. Baskets: Jean Munchaster - Entertainment Toni Pesta - Spa Sue Sears - Lottery Hat Rose Simeone - Kitchen Chris Swank - Cookware Barb Paul - Money Hat Contact Barb Paul now or Toni Pesta(gone back to MI) in the early fall. Our June luncheon will be at Roosterfish(on Missouri) June 9th at 12:30 PM. For reservations please call June 'Salvato 430-4233. We hope to see all you wonderful ladies there. Good food/ good company.

Our GT luncheons are the second Tuesday of each month with a different hostess each month. Info will be printed in the Media and on Brighthouse channel 96.

Our Good Times meetings are the first Wednesday of every month at 10 AM in the clubhouse and usually last an hour. We would love to see you. If you don't know anyone please come and meet us or call Barb Paul, June Salvato or Barb Cleaver. We will be glad to help you get there. It is a great way to get acquainted and involved.

# **Services Directory**

#### **AIR CONDITIONING SALES/SERVICE**

AIR CONDITIONING SALES/SER	
Air Masters of Pinellas, Inc.	727-586-6969
E & E Gliddon, Inc	727-546-4343
Modern A/C Service Co.	727-541-5541
APPLIANCE REPAIR	
Appliance Specialty, Inc.	727-520-6002
Bob's Appliance Repair	727-637-4789
Sunset Appliance Service	727-559-1137
AllTech Auto Repair	727-559-9500
Largo Automotive Repair, Inc	727 584 0166
Browns Automotive	707 521 7270
AUTO SALES / PURCHASING	121-551-1512
Tompo Dov Cor Cook	707 500 0500
Tampa Bay Car Cash	121-500-9500
AWNINGS	707 505 4440
Bay Area Aluminum Services, Inc	727-585-4442
Century Awnings Co Chambers Specialties, Inc	727-559-8811
Chambers Specialties, Inc.	727-443-7222
BATHROOM REMODEL	
BathMasters	727-333-7997
BEAUTY SALON	
Debbie's Salon	727-586-2842
Marti's Hair Salon	727-219-5296
CARPET CLEANING	
A1 Dry Carpet Cleaning	727-729-0547
Bill the Carpet Guy	727-521-4163
Doll Brothers Carpet/Upholstery Clins	727-596-2249
CLEANING/INTERIOR	5. 121 000 2240
Kathy's Cleaning Service	727 804 1116
COMPUTER SERVICES	727-004-1110
Largo Tech Services, LLC	707 474 4005
	/ 2/-4/4-4285
DRIVEWAY COATING	
	707 700 5444
Concrete Wizard, Inc.	727-789-5444
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DUCT / VENT CLEANING         Velocity Air         ELECTRICAL CONTRACTOR         Boss Electric Corp.         Haseney Electrical Services, Inc.         Palm Harbor & Dunedin Electric         FLOOR COVERINGS/RETAIL         Affordable Floor Covering         FLOOR REPAIR         Affordable Floor Covering         Flatworks.         Perfect Repair & Construction, Inc.         FOOT SPECIALIST - PODIATRIST         Mason, Dr. Peter M.         FURNITURE & MATTRESS         AJ's Beds & Furniture         GOLF CART REPAIR         Pinellas Golf Carts, LLC.         GOLF CARTS SALES & SERVICE         Capital Golf Carts, Inc.         Recreational Golf Cars of Florida         HEARING AID/RETAIL         Knoblach Hearing Care, Inc.         INSURANCE/AUTO         O. E. Wilson	727-754-7956 727-791-1308 727-441-8434 727-773-1622 727-641-1301 727-641-1301 727-288-4680 727-539-0852 727-535-1919 727-588-0406 727-754-2923 727-772-8833 727-548-8460 727-530-3533
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Sunday		Monday			7
	1P	Bridge	1	9A	pc
7	1P	Bridge	8	9A	pc
12:30P Ladies 14 luncheon 12:30P Romeo Luncheon	1P	Bridge	15	9A	pc
21 First Day of Summer Father's Day	1P	Bridge	22	9A	pc
28	1P	Bridge	29	9A	pc

# **Caribbean Isles**

Tuesday	Wednesday	Thursday	Friday	Saturday
ol exercise 2	3 9A pool exercise 10A Good Times 6:45P Pokeno	9A Pool exercise 4 9A Ladies Break- fast (Call Nancy Gui- lette for info 586-3742) 8:30A Romeo Breakfast(Call Hum Ammeter for info 581- 0284)	5 9A Pool exercise	6 5:45P Bingo
ol exercise 9	10 9A pool exercise 6:45P Pokeno	9A Pool exercise 11 9A Ladies Break- fast (Call Nancy Gui- lette for info 586-3742) 8:30A Romeo Breakfast(Call Hum Ammeter for info 581- 0284)	12 9A Pool exercise 5/5:30P Sub dinner and Karaoke	13 5:45P Bingo
ol exercise16	17 9A pool exercise 6:45P Pokeno	9A Pool exercise 18 9A Ladies Break- fast (Call Nancy Gui- lette for info 586-3742) 8:30A Romeo Breakfast(Call Hum Ammeter for info 581- 0284)	19 9A Pool exercise	20 5:45P Bingo
ool exercise23	24 9A pool exercise 6:45P Pokeno	<ul> <li>9A Pool exercise 25</li> <li>9A Ladies Breakfast (Call Nancy Guilette for info 586-3742)</li> <li>8:30A Romeo</li> <li>Breakfast(Call Hum Am- meter for info 581-0284)</li> <li>7P Co-op Board Meeting</li> </ul>	26 9A Pool exercise	27 5:45P Bingo
ool exercise30				$ \begin{smallmatrix} JULY \ 2015 \\ S & M & T & W & T & F & S \\ 1 & 2 & 3 & 4 \\ 5 & 6 & 7 & 8 & 9 & 10 & 11 \\ 12 & 13 & 14 & 15 & 16 & 17 & 18 \\ 19 & 20 & 21 & 22 & 23 & 24 & 25 \\ 26 & 27 & 28 & 29 & 30 & 31 \\ \end{smallmatrix} $





# Eat Better to Spur Creativity

real or a construction of the seek inspiration of the tion, but you don't have to risk your health when you need a creative boost. The Medical Daily website suggests trying some of these foods to help stimulate the brain:

**Fruit**. Fruits have lots of an amino acid called tyrosine, which helps synthesize proteins and may influence your ability to think deeply. In one study, students performed better at completing puzzles when they drank orange juice strong with tyrosine.

•Chocolate. The flavanols in chocolate may enhance short-term cognitive skills, according to one British study, because flavanols boost the amount of oxygen in the brain. Try a cup of hot cocoa before you need to be at the top of your mental game.

- Carbohydrates. Carbs deliver a quick dose of glucose to your body and brain, providing aid to concentration and memory. Potatoes, oatmeal, and other carbs may have a beneficial effect on brain function.
- Walnuts. Rich in omega-3 fatty acids, walnuts can help memory and increase brain function, according to the journal Plant Foods for Human Nutrition. The results of one study showed that rats given a diet of raw walnuts for 28 days showed better learning and memory than rodents on another diet.

# **Money Matters**

#### Try these smart shopping tips at the grocery store

Everyone wants to stretch his or her food dollars. You don't have to live on ramen noodles and cold cereal three times a day to do it. Here are some tips for savvier shopping at the store:

• Don't fall for fancy displays. Items stacked at the end of the aisles, like sodas, aren't necessarily on sale. The display can make them seem like they're marked down, but often they're still regular price.

• Remember that you pay for convenience. Skinless chicken breasts cost more than those packaged with skin. The same applies to the pre-cleaned and cut carrot sticks. In both cases, they're a little more expensive. Decide whether the convenience is worth the extra money.

• Try the store brands. If you compare the contents and nutritional value of name-brand versus no-brand items, you'll often discover that they're almost identical. In many cases, they're made in the same plant and just packaged with the store label.

• Use coupons. How often have you clipped coupons only to allow them to expire? Develop a system that will ensure you remember and use them.









# **June Facts and Trivia**

#### <u>Basic Facts</u>

- June is named for the Roman goddess Juno. The month of June is a popular month for weddings, perhaps because Juno was the goddess of marriage.
- In ancient Rome, June was the fourth month of the year. When the Gregorian calendar was adopted, it became the sixth month of the year. It is one of the four months with thirty days.

#### **Birthstones**

- The traditional birthstone for June is the pearl. It is a symbol of purity and is the only gem that comes from living sea creatures.
- Alexandrite is an alternate birthstone for June. This unique gemstone changes color depending on the lighting conditions. It is greenish brown in color when exposed to daylight and fluorescent light, but changes to a purple, reddish hue by incandescent or candlelight. It is a symbol of joy and good fortune.
- Another alternate birthstone for June is moonstone. It is considered a sacred stone in India. Moonstone varies in color from clear to bluish white or peach. It is a symbol of health and longevity.

#### <u>Flower</u>

- The flower for the month of June is the rose. Roses are a symbol of love and appreciation. They are also known as the flower of passion.
- Roses come in a wide variety of colors. Each color has a different meaning. Red roses symbolize love; white roses symbolize innocence and purity, and light pink roses are a symbol of admiration or sympathy.

#### Astrological Signs

Gemini and Cancer are the astrological signs for June. Birthdays from June 1st through the 20th fall under the sign of Gemini. June 21st through the 30th birthdays fall under the sign of Cancer.

#### <u>Historic Events in June</u>

- Benjamin Franklin discovered electricity on June 15, 1752.
- Continental Congress adopted the United States flag known as the Stars and Stripes on June 14, 1777.
- The Pledge of Allegiance was recognized by Congress on June 22, 1942.
- The Korean War began on June 25, 1950.

#### Famous People Born in June

Many famous people were born in June. Here are just a few of them.

- One president: George H.W. Bush
- Several actors and actresses: Tim Allen, Courtney Cox, Johnny Depp, Michael J. Fox, Angelina Jolie, Nicole Kidman, Toby Maquire, Marilyn Monroe, and Meryl Streep \*
- Singers/Musicians: Paul McCartney and Lionel Ritchie
- Athletes: Joe Montana, Michael Phelps and Venus Williams











# Here's to you, dad: The start of Father's Day

ather's Day started with a dedicated woman: Sonora Smart Dodd, the daughter of a widowed Civil War veteran who had raised her on his own. Dodd came up with the idea for a special day celebrating fathers when listening to a Mother's Day sermon in 1909. She held her own special tribute for her father on June 19, 1910, in Spokane, Wash., and began a campaign for an official celebration thereafter.

.

The idea of Father's Day initially met with some skepticism, but in 1919, President Calvin Coolidge expressed support for the holiday, and in 1926 a National Father's Day Committee was formed in New York City. In 1966 President Lyndon B. Johnson signed a proclamation designating the third Sunday in June as Father's Day, but it wasn't until 1972 that President Richard Nixon officially recognized it as a national holiday.

Loyalty to country, always. Loyalty to government, when it deserves it. —Mark Twain







Teed to get a laugh in a hurry? Try some of these handy one- or two-liners:

- Explaining puns to kleptomaniacs is hard because they always take things literally.
- I used to think the brain was the most important organ. Then I thought, "Look where that idea comes from."
- A dwarf fortune-teller who kills his customers might be known as a small medium at large.
- Did you hear about the dyslexic devil worshipper who sold his soul to Santa?
- During a prison break I saw a dwarf climb over a wall. As he jumped down he sneered at me, and I thought, "That's a little condescending."
- A blind man walks into a bar. And a table. And a chair.
- You never see a hippopotamus hiding in a tree. They must be really good at it.



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# **Monthly For June**

African-American Music Appreciation Month. A celebration of African-American music in all forms. In June of 2011, President Barack Obama proclaimed, "African-American musicians, composers, singers, and songwriters have made enormous contributions to our culture by capturing the hardships and aspirations of a community and reminding us of our shared values."

**Child Vision Awareness Month**. Children's vision challenges can be difficult to detect because they may not know they see the world differently than other children. Infants and children should have regular eye exams to ensure that they can see both near and far away, confirm that their eyes work together to focus on a single object, and treat eye diseases early.



**National Zoo and Aquarium Month**. A good time to explore your local zoo and aquarium. Many have excellent educational resources—photographs, videos, lesson plans, and other activities. Go to the website of the Association of Zoos and Aquariums for links to its accredited zoos and aquariums.

**National Scoliosis Awareness Month**. A yearly campaign with the goal of highlighting the growing need for education, early detection, and awareness about scoliosis and its prevalence within the community. The campaign unites scoliosis patients, families, physicians, clinicians, institutions, and related businesses in local activities, events, and grassroots networking throughout the month of June.

# **Daily For June**

**National Running Day, June 4**. Longtime runners reaffirm their love of running and beginners can kick off a lifetime and life-changing commitment.



World Oceans Day, June 8. A day to celebrate the world's oceans and support action to protect them.

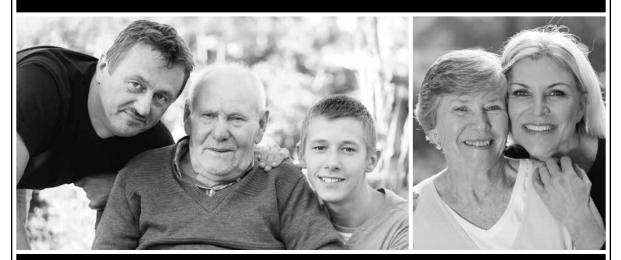
**Flag Day, June 14**. A patriotic celebration of the flag of the United States of America, a symbol of freedom and hope around the world.

Magna Carta Day, June 15. Date of the signing of the Magna Carta by King John of England, an important document in the history of political freedom.

Father's Day, June 21. Tell dad how much you appreciate everything he's done for you.

Take Your Dog to Work Day, June 26. Take your loyal canine companion to the office with you for a day (but check with your boss first).

# Memory Disorders Center at St. Anthony's Hospital



# **CONNECTING** families to resources, education and support

The Memory Disorders Center at St. Anthony's Hospital connects those with memory disorders and their care partners with health care and community resources that can help enhance functioning and treat the symptoms of memory disorders. Led by the clinical director, a neuropsychologist and a licensed clinical social worker, the services of the Memory Disorders Center are free for patients and families.

#### Services include:

- Evaluation of patient's needs, development of a treatment plan, navigation of care and referrals to resources
- Support for caregivers through education, navigation and support groups
- Resource library

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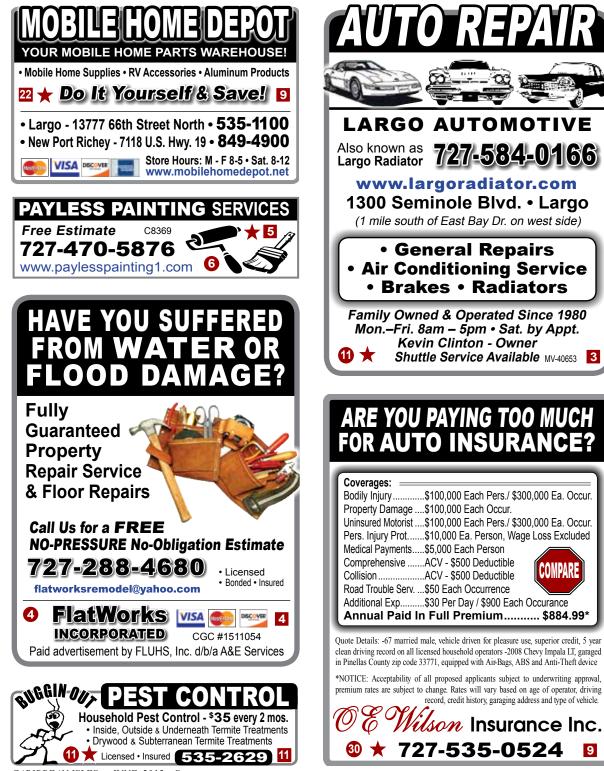
**Professional Office Building** 1201 Fifth Ave. N., Suite 206 St. Petersburg, FL 33705

#### For an appointment: (727) 953-9140



St. Anthony's Hospital

StAnthonys.org





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#### **ATTENTION RESIDENTS!**

Did you know this Emporium/ Classified listing reaches over 21,000 homes in Pinellas County? It goes into 60 community newsletters (just like this one) from Dunedin to St. Petersburg. This is a great market to sell items, advertise your next event, try and get help for a function, and many other great things. Remember to think about this the next time you're planning something.

Thanks!

-Monthly Media Staff

# JULY AD DEADLINE - JUNE 10, 2015

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284. • Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.





### Danger at home: Keep your children and grandchildren safe

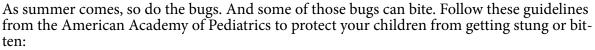
The home can be a dangerous place, especially for young children. Most household accidents are avoidable, though, with some commonsense precautions. Safe Kids Worldwide, a global organization providing safety information aimed at preventing accidents and injuries to children, shares these tips for keeping your family healthy and safe:

- Bathroom. Don't leave children alone in the bath, or anywhere near water.
- Hallways. Install smoke and carbon monoxide detectors, and check their batteries at least every six months to ensure they're working properly.



- Bedrooms. At bedtime and nap time, remove any blankets, pillows, stuffed animals, and toys from your baby's crib to prevent accidental suffocation. Make sure your baby sleeps alone and on his or her back.
- Staircases. Put up safety gates to keep children from tumbling down staircases. Install similar gates for every window a child might reach.
- Medicine chest. Store all medicine in cabinets above the reach of children, and lock cabinets they might get into. Keep track of any medication you might carry in your purse or briefcase.
- Living room. Install brackets and braces to secure bookshelves and other furniture against accidental tipping. Secure television sets to the wall or place them on low platforms.
- Kitchen. Use the back burner of your stove when cooking with children present. Turn pots and pans so that their handles face away from the edge, out of reach from tiny hands. Store household cleaners in high cabinets and shelves, or lock lower cabinets to keep children out.

### Keep kids safe from bugs during summer months



- Avoid using scented soaps, hair sprays, and perfumes on your child. The scents can draw insects and bugs and increase your child's risk of being bitten.
- Stay away from nests or places bugs might congregate. This includes stagnant pools of water, areas where uncovered foods are abundant, and gardens where flowers are blooming.

#### Scientists delve deep into the heart of the world

Jules Verne's Journey to the Center of the Earth described an inner world of jungles, seas, and dinosaurs. The reality is quite different, but no less interesting to scientists, and it's changing all the time. The latest discovery about the nature of the Earth's core comes from a professor at the University of Illinois at Urbana-Champaign. The inner core, about 3,000 miles beneath the world's crust, actually contains a second core about half the radius of the outer one. This inner core contains iron crystals, which are oriented in an east-west alignment. The outer inner core's crystals align north-south, although they appear to have flipped several times in the distant past.



Scientists liken the twin cores to the rings on a tree, which allow researchers to peer directly into the past. The discovery could provide important clues to the formation and development of our world.

# 'New' solar system is the oldest ever found

The oldest solar system in our galaxy is 11.2 billion years old, according to data from NASA's Kepler space telescope. By comparison, our home solar system is about 4.5 billion years old. The new find is about 117 light-years from Earth, with five Earth-sized planets in an orbit too close to their star to allow for life. But the discovery of a solar system's formation only a few billion years after the Big Bang some 13.8 billion years ago suggests that life could have proliferated throughout the cosmos much earlier than scientists previously believed.

# Sophie the Stegosaurus steps on the scale (sort of)

ow much did the dinosaurs weigh? That question has been answered—at least for one specimen at London's Natural History Museum.

Sophie the Stegosaurus is about 150 million years old, and was discovered in 2003 by paleontologists in Wyoming. It now resides at the British museum, its skeleton 85 percent intact. According to the Yahoo News website, British researchers created a 3-D digital version of the

skeleton, then calculated the amount of flesh it would have had around its bones, and compared that with data from modern animals of a similar size.

The result? Sophie tipped the scales at about 1.6 tons, with a body mass roughly equivalent to a small rhinoceros. Knowing its weight will allow paleontologists to learn more about stegosaurus metabolism, food needs, and growth rate.



#### Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

**14,492 manufactured home residents have won over \$124,374** since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or <u>mail your paid reciept</u> to us at **Monthly Media • PO Box 1023 • Venice, FL 34284**. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 4-6 weeks for mailing of check).	This month's cash winners are
---	-------------------------------

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Robert Mitchell \$5.00 Mobile Home Depot
Elaine Magee \$5.00 Florida Water Treatment, Inc.
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Jewel Ahrns

• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.

